## KIND SOULS FOUNDATION

## **INSIGHT REPORT**

Kind Souls Foundation is a national non-profit with the goal of fostering positive mental wellness in employees. We work to ensure that employers have the information and education available to offer their employees valuable resources, reassurance, comfort and empathy.

119 Callers Supported

Since inception we have had over 100 calls in which Kind Souls volunteers provided tangible resources and/or emotional support during these sessions.

**56%**Retention Rate

Callers provided positive feedback and felt the warm line was beneficial and wanted to book another session.

Resources Provided

Kind Souls is constantly searching for and adding resources to accommodate all needs. However, we are not limited to these categories, and we assist in any way we can.

99% Positive Caller Feedback "This resource is so helpful."

"I usually feel re-centered and focused after these talks."

"This service is so easy to use."

"I'm glad to know that I didn't have to go anywhere and can do this at home."

"It feels so good to get things out and talk about them."

We want to thank our compassionate volunteers, sponsors, donors, mission supporters and ambassadors for their ongoing support, allowing us to continue to offer a central line of support that illuminates the importance of mental wellness.

